

My name is Heather Brown, AKA Mrs. Brown. I am one of the Assistant Directors and have taught at Good Shepherd Preschool since 2014. Originally from Ocean City, New Jersey, I came to Fort Wayne for college. I attended Indiana Tech, graduating with a BS in Business Administration. I met my husband, Chris (married in 2008), at college. After college, we moved to Pennsylvania, where we had our children. In 2010 came our daughter Lelia, and then in 2012, our son Sam was born. We moved back to Fort Wayne when Sam was three weeks old. In 2021, I returned to school and earned my Child Development Associate (CDA) credentials.

One funny thing about me is that I love cows!

In my time at GSP, I have at least helped in every position, except for Director. In my first year, I led music; halfway through that year, I began subbing in classrooms. In my second year, I moved part-time into the Minions classroom and never looked back! I also spent one year as a full-time sub when my son was a Moonbeam. I am a member of NAEYC and on the SPARK Regional Advisory Council. My teaching philosophy may not look like others you have seen. I believe that play is the best way to teach our youngest minds. I don't think academics should be the primary focus at this age, but there is a focus. I believe that what is best for young children is focusing on helping them learn how to self-regulate their emotions, express them through words, keep their bodies moving, and have a consistent, safe adult in their daily lives.

Check out this article about the benefits of play: <https://www.creativity-portal.com/bc/other/play.html>

